

CURRICULUM VITAE
ALEXIS M. COULOURIDES KOGAN, PH.D.
NOVEMBER 2018

PERSONAL INFORMATION:

Work

University of Southern California
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EDUCATION AND PROFESSIONAL APPOINTMENTS

EDUCATION:

2014	<i>Ph.D., Gerontology, University of Southern California, Leonard Davis School of Gerontology, Los Angeles, CA</i>
2010	<i>MSG, Gerontology, University of Southern California, Leonard Davis School of Gerontology, Los Angeles, CA</i>
2006	<i>BS, Exercise and Sport Sciences, Tulane University, New Orleans, LA</i>

POST-GRADUATE TRAINING:

2014-2018	<i>Postdoctoral Research Associate, Dr. Laura Mosqueda, and Dr. Jehni Robinson, Department of Family Medicine and Geriatrics, University of Southern California, Keck School of Medicine, Alhambra, CA</i>
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HONORS, AWARDS:

2017	Research Scholar	American Academy of Hospice and Palliative Medicine (AAHPM), Chicago, IL
2016	K99/R00 Pathway to Independence Career Development Awardee (Impact Score: 10)	National Institutes of Health: National Institute on Aging (NIA), Bethesda, MD
2014	engAging Award	University of Southern California, Leonard Davis School of Gerontology, Los Angeles, CA
2014	James and Betty Birren Best Teaching Assistant Prize	University of Southern California, Leonard Davis School of Gerontology, Los Angeles, CA
2013-14	Teaching Fellowship	University of Southern California, Provost's Office, Los Angeles, CA
2013	Carroll Estes Student Paper Award Finalist	Gerontological Society of America (GSA), Social Research, Policy, and Practice Section, Washington D.C.
2013	Best Qualitative Poster Award	American Academy of Hospice and Palliative Medicine (AAHPM), Chicago, IL
2012	David A. Peterson Student Achievement Award	California Council on Gerontology and Geriatrics (CCGG), Long Beach, CA
2011	Carroll Estes Graduate Student Paper Honorable Mention	Gerontological Society of America (GSA), Social Research, Policy, and Practice Section, Washington D.C.
2011	PhD Student Summer Institute	University of Southern California, Provost's Office, Los Angeles, CA
2009-PR	Phi Kappa Phi Honors Society	Phi Kappa Phi, Baton Rouge, LA
2008-PR	Sigma Phi Omega Gerontology Honors Society	Sigma Phi Omega, Washington D.C.

TEACHING

DIDACTIC TEACHING:

<i>University of Southern California</i>				
<i>Spring 2019</i>	<i>GERO 437: Social and Psychological Aspects of Death and Dying</i>	<i>4.0 units</i>	<i>Instructor</i>	
<i>Fall 2017</i>	<i>GERO 507: End-of-Life Care</i>	<i>4.0 units</i>	<i>Co-Instructor</i>	

UNDERGRADUATE, GRADUATE AND MEDICAL STUDENT (OR OTHER) MENTORSHIP:

2018	Oscar Li	BS	<i>Provider-Perceptions of Implementing Home-Based Palliative Care as a Covered Health Benefit</i>
2016	Krithika Chennapan	Medical student (RSP)	<i>Developing a Tool to Improve Documentation of Physical Findings in Injured Older Adults by Health Care Providers: Insights from Experts in Multiple Disciplines</i>
2014	Wesley Kobashigawa	MSG	<i>Unless You Bring It Up, You Won't Know the Reactions of the People": Older Japanese-American's Perceptions toward Hospice Care and Advance Care Discussion and Planning</i>
2013	Ruth Barber	MSG	<i>A Role for Social Workers in Improving Care Setting Transitions: A Case Study</i>
2012-2013	Catherine Leclercq	MSW	<i>Predictors of Emergency Department Utilization amongst Californians Diagnosed with Diabetes Aging 65 and Over</i>

SERVICE

PROFESSIONAL SERVICE:

2014-PR	Conference Abstract Reviewer	Gerontological Society of America (GSA)
2018	Conference Abstract Reviewer	American Academy of Hospice and Palliative Medicine (AAHPM)

PROFESSIONAL SOCIETY MEMBERSHIPS:

2017-PR	Palliative Care Research Collaborative (PCRC)
2013-PR	California Council of Gerontology and Geriatrics (CCGG)
2012-PR	American Academy of Hospice and Palliative Medicine (AAHPM)
2011-2014	American Society on Aging (ASA)
2011-PR	Gerontological Society of American (GSA)

RESEARCH AND SCHOLARSHIP

EDITORSHIPS AND EDITORIAL BOARDS:

2017-PR	Member	Annals of Long Term Care, Editorial Advisory Board
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MANUSCRIPT REVIEW:

Present

Grant No. 15C29 (Mosqueda)

04/01/2015 – 10/31/2015

SCAN Foundation

80%

Supporting the Development of the Business Case for Person-Centered Care

The goal of this project is to collaborate with other experts to develop the business case for person-centered care for older adults with chronic illness and functional impairment.

Role: Post Doc

Grant No. 5 R21 AG34557-02 (Enguidanos)

04/15/2010 – 10/31/2013

National Institute on Aging

100%

Social Work Intervention Focused on Transitions (SWIFT) Among At-Risk Older Adults

Goal: To test the effectiveness of a home-based social work intervention on reducing 30-day hospital readmission rates among at-risk older adults transitioning from the hospital to home.

Role: Study Coordinator

INVITED LECTURES, SYMPOSIA, KEYNOTE ADDRESSES

2017 Ph.D. Student
Roundtable

Work-Life Balance, University of Southern California, Leonard Davis School of Gerontology, Los Angeles, CA.

2014 Graduate Course

Historical influences and hospice use among African Americans and recent research trends, University of Southern California, Leonard Davis School of Gerontology, Los Angeles, CA.

2013 Undergraduate Course

Natural Disasters: Living Through Hurricane Katrina, University of Southern California, Leonard Davis School of Gerontology, Los Angeles, CA.

INVITED GRAND ROUNDS, CME LECTURES

2018 Grand Rounds

Person-Centered Care for Older Adults with Chronic Conditions and Functional Impairment: Implications for Home-Based Palliative Care, Stanford University School of Medicine, Palo Alto, CA.

THESIS:

2014 Ph.D.

University of
Southern
California

*Investigating the Effectiveness of a Social Work
Intervention on Reducing Hospital Readmissions
Among Older Adults*

PUBLICATIONS:

REFEREED JOURNAL ARTICLES:

Coulourides Kogan A, Rosen T, Navarro, A, Homier D, Chennapan K, & Mosqueda L. Developing the Geriatric Injury Documentation Tool (Geri-IDT) to Improve Documentation of Physical Findings in Older Adult Patients. *Journal of General Internal Medicine*, Apr; 34(4):567-574, 2019. PMID: 30761452, PMCID PMC6445929.

Co-investigator and lead author.

Coulourides Kogan, A. & Enguidanos, S. Investigating the Impact of Intervention Refusal on Hospital Readmission. *American Journal of Managed Care*. 23(12):e394-e401, 2017. PMID 29261248.

Lead researcher and author.

Coulourides Kogan, A., Kobashigawa, W., Taguchi, J., & Carter, K. "Everyone Deserves to be Remembered Like This": Perspectives on LifeChronicles Videotaped Autobiography among those with Serious Illness. *Journal of Pain and Symptom Management*. 54(1):e1-3, 2017. PMID 28232216.

Lead researcher and author.

Coulourides Kogan, A., Kobashigawa, W., & Enguidanos, S. "Unless You Bring It Up, You Won't Know the Reactions of the People": Older Japanese-American's Perceptions toward Hospice Care and Advance Care Discussion and Planning. *Journal of Palliative Medicine*. 20(5):445-447, 2017. PMID 28118057, PMCID PMC5749585.

Lead researcher and author.

Coulourides Kogan, A., Gonzalez, J., Hart, B., Gibbs, N., Halloran, S., Enguidanos, S. Be Well: An Exercise and Nutrition Pilot Intervention Impacting Blood Measures. *Jacobs Journal of Physiotherapy and Exercise*. 2(1):014, 2016.

Lead researcher and author.

Coulourides Kogan, A., Wilber, K., & Mosqueda, L. Moving Toward Implementation of Person-Centered Care for Older Adults in Community-Based Medical and Social Service Settings: "You Only Get Things Done When Working in Concert with Clients." *Journal of the American Geriatrics Society*. 64(1):e8-e14, 2016. PMID 26626544.

Postdoctoral researcher and lead author.

Coulourides Kogan, A., Wilber, K.; & Mosqueda, L. Person-Centered Care for Older Adult with Chronic Conditions and Functional Impairment: A Systematic Literature Review. *Journal of the American Geriatrics Society*. 64(1):e1-e7, 2016. PMID 26626408.

Postdoctoral researcher and lead author.

The American Geriatrics Society Expert Panel on Person-centered Care. Person-centered Care: A Definition and Essential Elements. *Journal of the American Geriatrics Society*. 64(1):15-18, 2016. PMID 26626262.

Postdoctoral researcher and lead author.

Coulourides Kogan, A., Penido, M., & Enguidanos, S. Does Disclosure of Terminal Prognosis Mean Losing Hope? Patient Perspectives on Palliative Care Consultations. *Journal of Palliative Medicine*. 18(12), 1-7, 2015. PMID 26288098.

Co-investigator, lead author, Ph.D. student trainee.

Barber, R., **Coulourides Kogan, A.**, Riffenburgh, A., & Enguidanos, S. A Role for Social Workers in Improving Care Setting Transitions: A Case Study. *Social Work in Health Care*. 54(3), 177-192, 2015. PMID 25760487, PMCID PMC5479582.

Mentor, supervisor to lead author, and co-author.

Enguidanos, S., **Coulourides Kogan, A.**, Schreibeis-Baum, H., Lendon, J., & Lorenz, K. "Because I was Sick": Seriously Ill Veterans' Perspectives on Reason for 30-day Readmission. *Journal of the American Geriatrics Society*. Mar; 63(3), 537-42, 2015. PMID 25732270.

Head research assistant, Ph.D. student trainee, and co-author.

Coulourides Kogan, A., Gonzalez, J., Hart, B., Halloran, S., Thomason, B., Levine, M., & Enguidanos, S. Be-Well: Results of a Nutrition, Exercise, and Weight Management Intervention among At-Risk Older Adults. *Journal of Applied Gerontology*. 32(7), 889-901, 2013. PMID 25474803. *Lead researcher and Ph.D. student trainee.*

Coulourides Kogan, A., Brumley, R., Wilber, K., & Enguidanos, S. Physician Factors that Influence Patient Referrals to End-of-Life Care. *American Journal of Managed Care*. 18(11), e3416-e422, 2012. PMID 23198748. *Lead researcher and Ph.D. student trainee.*

Laguna, J., Enguidanos, S., Siciliano, M., & **Coulourides-Kogan, A.** Racial/Ethnic Minority Access to End-of-Life Care: A Conceptual Framework. *Home Health Care Services Quarterly*. 31(1), 60-83, 2012. PMID 22424307. *Co-author and Ph.D. student trainee.*

Enguidanos, S., **Coulourides Kogan, A.**, Lorenz, K., & Taylor, G. Use of role model stories to overcome barriers to hospice among African Americans. *Journal of Palliative Medicine*. 14(2), 161-168, 2011. PMID 21265628. *Co-author, research assistant, student trainee.*

Enguidanos, S., **Coulourides Kogan, A.**, Keefe, B., Geron, S., & Katz, L. Problems identified and resolved among older primary care patients receiving problem solving therapy. *Journal of Gerontological Social Work*. 54, 276-291, 2011. PMID 21462059. *Co-author, research assistant, student trainee.*

ABSTRACTS AND PRESENTATIONS:

Coulourides Kogan, A., Li, O., and Fields, T. Provider Perceptions of Implementing Home-Based Palliative Care as a Covered Health Benefit. American Academy of Hospice and Palliative Medicine (AAHPM), Orlando, FL, March 2019.

Coulourides Kogan, A., Gaddini, M., Kersten, M., and Fields, T. Engaging Primary Care Physicians: Lessons Learned Seeking Buy-In and Patient Referrals for a Home-Based Palliative Care Program. American Academy of Hospice and Palliative Medicine (AAHPM), Orlando, FL, March 2019.

Coulourides Kogan, A. Provider Perceptions of Implementing Person-Centered Home-Based Palliative Care as a Covered Health Benefit. Gerontological Society of America (GSA), Boston, MA, November 2018.

Coulourides Kogan, A., Tabbush, V., & Mosqueda, L. GSA SRPP Section Symposium: Definition, Business Case, and Implementation of Person-Centered Care. IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 2017.

Coulourides Kogan, A., Navarro, A., Rosen, T., Homeier, D., Chennapan, K., & Mosqueda, L. Developing a Tool to Improve Documentation of Physical Findings in Injured Older Adults by Health Care Providers: Insights from Experts in Multiple Disciplines. American Geriatrics Society (AGS) Annual Scientific Meeting, San Antonio, TX, May 2017.

- Coulourides Kogan, A.,** Kobashigawa, W., & Enguidanos, S. Older Japanese-Americans' Perceptions of Hospice Care, End-of-Life Care Planning, and Communication. Annual Scientific Meeting of the Gerontological Society of America (GSA) Conference, New Orleans, LA, November 2016.
- Coulourides Kogan, A.,** Weber, C., Olsen, B., & Mosqueda, L. Challenges/Strategies to Recruiting Participants with Dementia for Elder Abuse Prevention Research. Annual Scientific Meeting of the Gerontological Society of America (GSA) Conference, New Orleans, LA, November 2016.
- Plenary Session moderated by Dr. Kenneth Brummel-Smith. How to Operationalize Person-centered Care: See the Person, Not the Patient. American Geriatrics Society (AGS) Annual meeting, Long Beach, CA, May 2016.
- Coulourides Kogan, A.,** Wilber, K., & Mosqueda, L. Person-Centered Care for Older Adults: Insights into Operationalization at Community-Based Health Care and Social Service Organizations, and Implications for Multidisciplinary Teams. 42nd Annual Association for Gerontology in Higher Education (AGHE) Meeting and Leadership Conference, Long Beach, CA, March 2016.
- Coulourides Kogan, A.,** Navarro, A., Koons, E., & Enguidanos, S. To What Extent Can Hospitals Control Readmissions? Predictors of 30-day Readmissions Among At-Risk Older Adults. 67th Annual Scientific Meeting of the Gerontological Society of America (GSA) Conference, Washington D.C., November 2014.
- Coulourides Kogan, A.,** Navarro, A., & Enguidanos, S. The SWIFT Study: Characteristics of At-Risk Patients That Do Not Accept a Home Transitions Intervention. 66th Annual Scientific Meeting of the Gerontological Society of America (GSA) Conference, New Orleans, LA, November 2013.
- Coulourides Kogan, A.,** Navarro, A., & Enguidanos, S. Social Work Intervention Focused on Transitions (SWIFT) Among At-Risk Older Adults: A Case Study. 7th Annual International Conference on Social Work in Health and Mental Health: Pathways to Client-Centered Care, Los Angeles, CA, June 2013.
- Coulourides Kogan, A.,** Navarro, A., & Enguidanos, S. The Social Work Intervention Focused on Transitions (SWIFT) Study: Factors and Consequences Associated with Intervention Refusal. 7th Annual International Conference on Social Work in Health and Mental Health: Pathways to Client-Centered Care, Los Angeles, CA, June 2013.
- Coulourides Kogan, A.,** Penido, M., & Enguidanos, S. Does Disclosure of Terminal Prognosis Mean Losing Hope? Patient Perspectives on Palliative Care Consultations. California Council on Gerontology and Geriatrics (CCGG), Los Angeles, CA, April 2013.
- Coulourides Kogan, A.,** Enguidanos, S., & Penido, M. Does Disclosure of Terminal Prognosis Mean Losing Hope? Patient Perspectives on Palliative Care Consultations. American Academy of Hospice and Palliative Medicine (AAHPM) Annual Assembly, New Orleans, LA, March 2013.
- Coulourides Kogan, A.,** Enguidanos, S., & Brumley, R. To Refer or Not to Refer: Looking Beyond Physician Demographics to Identify Factors that Influence Referrals to End-of-Life

(EOL) Care. 64th Annual Scientific Meeting of the Gerontological Society of America (GSA) Conference, Boston, MA, November 2011.

Coulourides Kogan, A., Hart, B., Gonzalez, J., & Enguidanos, S. Be-Well: Results of a Nutrition, Exercise, and Weight Management Intervention among At-Risk Older Adults. 64th Annual Scientific Meeting of the Gerontological Society of America Conference (GSA), Boston, MA, November 2011.

Brumley, R., Enguidanos, S., & **Coulourides Kogan, A.** If My Physician Doesn't Believe in God Will I Get a Referral to Hospice? 64th Annual Scientific Meeting of the Gerontological Society of America (GSA) Conference, Boston, MA, November 2011.

Pisca, N., **Coulourides Kogan, A.**, & Vesper, E. Transitioning from In-patient Palliative Care to Home. American Society of Aging (ASA): Aging in America Conference, San Francisco, CA, April 2011.

Enguidanos, S., **Coulourides Kogan, A.**, & Taylor, G. Use of Role Model Stories to Increase Access to Hospice for Older African Americans. American Society of Aging (ASA): Aging in America Conference, San Francisco, CA, April 2011.

Enguidanos, S., **Coulourides Kogan, A.**, & Taylor, G. Use of Role Model Stories to Increase Access to Hospice for Older African Americans. Health Disparities, Access, and Aging Conference: Using the California Health Interview Survey (CHIS), Newport Beach, CA, February 2011.

Coulourides Kogan, A., Enguidanos, S., & Taylor, G. Use of Role Model Stories to Reduce Barriers to Hospice among African Americans. 63rd Annual Scientific Meeting of the Gerontological Society of America (GSA), New Orleans, LA, November 2010.

Enguidanos, S., & **Coulourides Kogan, A.** Use of Role Model Stories to Increase Access to Hospice among Older African Americans. American Geriatrics Society (AGS) Annual Scientific Meeting, Orlando, FL, May 2010.